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The Rosicrucian Order

MASTER MONOGRAPH

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THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ Regardless of his beliefs on the subject of reincarnation, if the student will sincerely and carefully follow each of the steps outlined in the Procedure for Recalling Events of Past Lives, there is little doubt but that he will gradually release from memory's storehouse many illuminating and interesting incidents. Since the Rosicrucian must *know* in order to believe, it is only by proving for himself the doctrine of reincarnation that he will be able to endorse with conviction the quotation here given.



In the Invisible World are words of Life written in a book, of which a few pages have been read by spirits in a state of ecstasy. They are the origin of all the religious commandments of every true leader of men. The Law of Reincarnation is written in this book. It is not the invention of a human mind, nor the spurious creation of a frenzied imagination. As the Sun rises in the visible world to banish the shades of night and fill us with its creative light, so does the Law of Reincarnation shine as the Sun in the invisible worlds. It dispels philosophical errors, enlightens souls in their work, demonstrates the immanent justice of every action and reaction on every plane, and justifies the immortal cry of the spirit which is reunited to its ancestors, saying: "Praise to thee, my Father. In spite of all my sins and weakness Thou hast never forsaken me."

—PAPUS (DR. G. ENCAUSSE), 1865-1916

To the Members of the Esoteric Hierarchy, Greetings!

This week we are going to begin a mystical process for recalling events of past incarnations. In order that you may refer to it correctly in future correspondence or in the index of the Twelfth Degree, we are going to call this process Procedure for Recalling Events of Past Incarnations. To make the process very clear, I am going to number each step consecutively so that in future monographs I can refer to any one of the steps of the procedure by number.

As I have said before, it makes little difference whether you believe in the doctrines of reincarnation or not. If these doctrines are true, your belief will not affect them. If they are untrue, you will not have harmed yourself. If you have no faith or interest in reincarnation, you can try this procedure and see what results you get despite your disbelief. I feel sure that no Rosicrucian will close his heart and mind against any doctrine, principle or possible law until he has experimented with it and given it sufficient study and analysis to know whether it is true or false. Too often, prejudice and bias in the past have worked hardship on individuals and prevented useful knowledge from being accepted.

Regardless of your beliefs on the subject, therefore, you should not refuse to make such tests and experiments as will enable you to receive information about reincarnation necessary for passing sound judgment. For this reason, I do hope that you will sincerely, honestly, and carefully follow each of the steps of procedure in order that your inner and psychic self may have the opportunity to reveal and express any impressions it has in memory regarding a past incarnation.

You should not be discouraged if in the first of these steps of procedure, you do not have the clear recollections that you might wish. These recollections and memory impressions are deeply buried in the psychic consciousness; so it is going to take a little time, practice and concentration to bring them out of their tombs to reveal themselves to you in a clear manner. Once they begin to release themselves, they will come along like an endless chain.

For some little time you may have difficulty in understanding each properly and relating it to its associated idea and experience. I suggest that you provide yourself with a notebook in which to write such impressions and recollections as come. Date each page, so that later you may be able to join them in the proper manner. Most impressions will be disconnected. One impression may be of your childhood in a past incarnation, while the next only a few minutes or hours later, may be from the last part of your life in the past. Another impression may be of some social incident in your past life, while the following may be of some business or religious



incident wholly unconnected with the social one. We want to start recalling those events and experiences which are the easiest ones to recall.

If I were to ask you what was the most impressive scene you have ever witnessed in your life, you would not stop to think of years or of days or weeks, but would immediately recall the incident which seemed to you outstanding. This is the way the past recollections will come to you, the most impressive and outstanding ones coming first, as a rule. Occasionally between the outstanding and most impressive will come a few simple ones that may cause you to wonder why such insignificant things should come out of your consciousness. Sometimes the events which we now look upon as insignificant really were important in their day and hour, and made a deep impression, although perhaps the day after it faded into insignificance.

For instance, the first day you went to public school and sat among other children was perhaps the first time you had been separated all day from mother, father, or home. The desks and furniture, the arrangement of the room, the rules were all new. No doubt in the midst of all the surprising impressions being made, was the feeling of importance because you were now attending school and doing things that older boys and girls do. You probably felt it was the most important, impressive and serious thing in your life. Then the next day came, and the next, and you became so accustomed to all of it that a week later you would have smiled if someone had suggested to you that the first day in school was the most impressive in your life.

Today you cannot have a realization of how impressive that first day really was. Yet there it is, buried in your consciousness as a very impressive matter, an outstanding event at the time. Your psychic consciousness and memory still retain it as important, and in releasing it to your objective realization now, it comes forth with all the glamour, strength, impressiveness it had the day it was registered.

So you must not judge these impressions by your opinion today. As they stand out in your psychic and objective memory at the present time, you must accept them in all the fanciful coloring and picturesqueness that they originally had. Even the thrill that seems to accompany them and goes through your entire body, you must not look upon as an imaginary thrill, but remember that it was a part of what was registered when the event took place. Do not belittle these events because they seem insignificant now, and do not add any artificial coloring or exaggeration to them. Take them as they come to you, briefly or quickly, and write in your notebook. Now let us proceed with the first step.



STEP NUMBER ONE: Try to recollect from the memory-storehouse of your psychic self one of the most impressive scenes that occurred or was registered on your consciousness in a past in-

carnation. The average person between thirty and seventy very likely had his past incarnation in a foreign city and country. In such a case he probably lived in or near a small village or city because the cities of Europe one hundred to one hundred and fifty years ago were not so large as today. Even in the larger cities, the principal place where people congregated was the public square with a large public fountain or market place. Even in North America the most interesting and most frequented spot was the market place or public square.

In such public squares notices were posted, dances held, amusement and entertainment of various kinds provided. Here people did their shopping, learned of the activities of their community, and kept in touch with the rest of the world. Each was different, surrounded by buildings of different types of architecture, with different names and different streets surrounding it; yet to the person who lived there, its appearance and the activities in and around it would have become registered in the mind and consciousness, and, therefore, be deeply buried somewhere in memory's storehouse. Fully ninety-five percent of persons now living have such recollections buried in their memory's storehouse; so the first step in this procedure is to try to bring out of the memory some pictures, some facts, some incidents connected with that public square.

In your sanctum or some place where you can be alone for ten or fifteen minutes in a relaxed and comfortable condition, turn your eyes and face toward some dark, shadowy, neutral-colored corner of the room. After looking into that shadowy corner or part of the room for a while, close your eyes and concentrate your whole mind and will power upon the center of your forehead. Think and say to yourself, "I want a picture of the old city where I used to live." Do not try to visualize anything you have ever seen in pictures or read in stories. Do not think of any particular city, country, or type of place. Try to have your mind a blank, as far as details are concerned, but stick to the thought that you want to see in your memory's eye some glimpse of the city, somewhere, in which you used to live.

Gradually you will feel ideas or possibly pictures coming to you connected with the place in which you used to live. At first it may be only a faint impression in thought form, not in picture form, of narrow streets or old buildings. It may be a thought or idea of small houses with small rooms inside. Ignore these partial ideas and keep concentrating until your consciousness seems to open up and reveal a glimpse or a fleeting thought of some open space, with no grass and probably no trees, surrounded by buildings, perhaps with wagons and people going by, with activity or quiet and peaceful. Do not invent anything, but let your mind and your concentration turn inward as though you were looking through the center of your forehead deep into the brain. These memory ideas will not come from the brain, but will come through the brain to your objective realization.



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After ten or fifteen minutes of this, no matter how faint your ideas may be, or what peculiar thoughts you have about the old city or town, turn on the lights and write in your notebook the impressions which have come. When you go to bed and are lying relaxed, go over this process again; keep searching, trying to peer with your psychic sense deep into your consciousness for some impression of the old city or town. During the day when you can relax, do the same thing. Keep this up until you get the next monograph. Each time you have a glimpse or a thought about the old city in which you lived, write it in your notebook. If these ideas are not of something connected with some past experience, write them down just the same. At the end of the week, you will have a number of ideas much like miscellaneous pieces of a picture puzzle. None of them may fit together or be connected, but you will have taken the first step toward getting out of your consciousness ideas that are deeply buried there. Each time you will find it easier to reach more deeply into your consciousness.

Do not speak of this procedure to anyone unless you know that they are receiving this same monograph and doing the same experiment. Even then, you should not discuss the visions, pictures or ideas you have received or let them tell you what they have received because they may unconsciously create in your mind some pictures that are not true, and you may create some in their minds. You may admit that you are working with the problem of reincarnation if you know that they are in this same part of the Degree with you, or you may tell them you are having partial success, and so on, but do not discuss the details.

Next week we will take the second step in this procedure.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

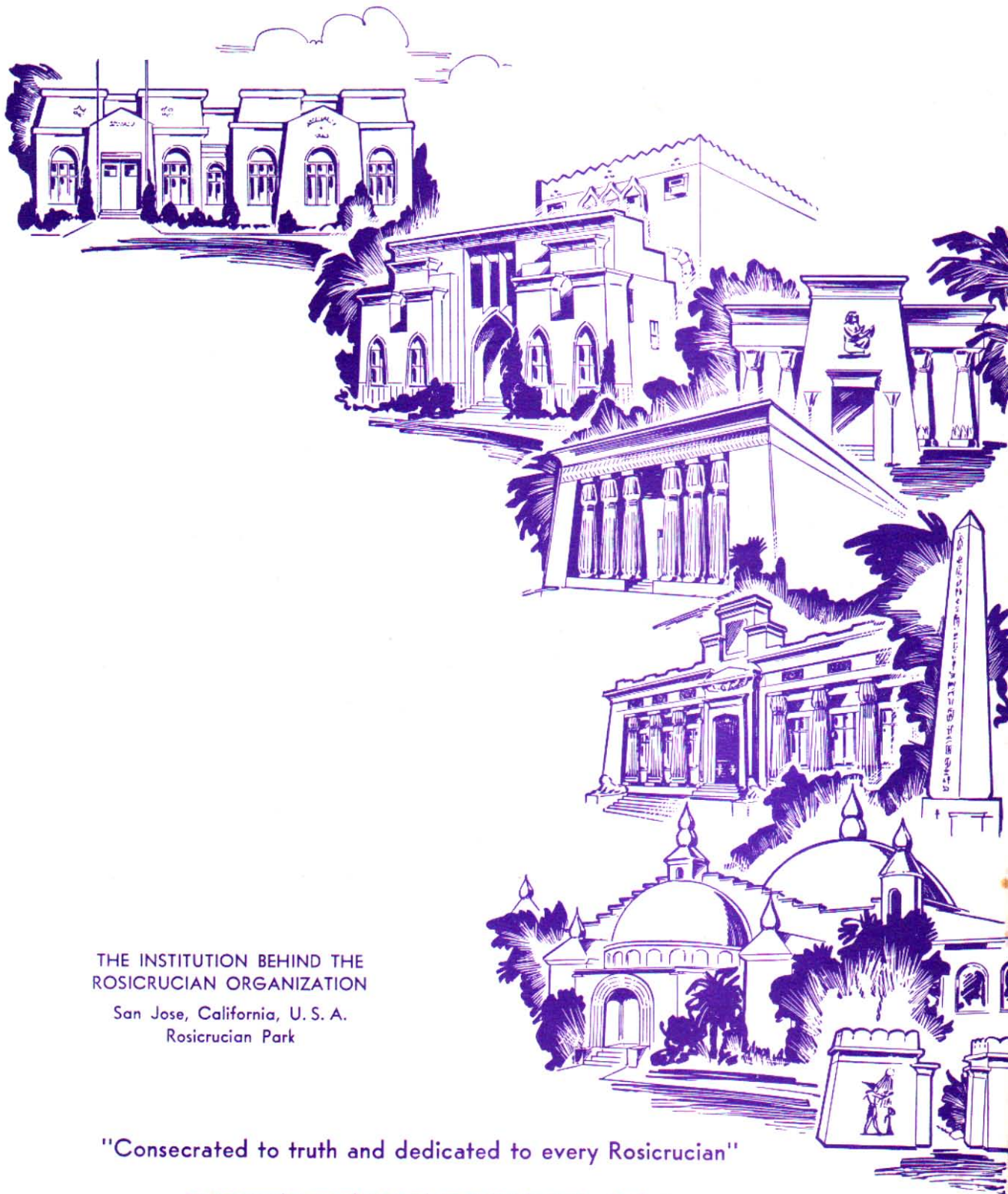


Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ The steps in the Procedure for Recalling Events of Past Incarnations should be followed carefully and conscientiously regardless of one's beliefs on the subject of reincarnation.
- ¶ Impressions deeply buried in the psychic consciousness cannot be released except by practice, concentration, and patience; and will come as disconnected and perhaps vague recollections of events and experiences in the past.
- ¶ They should be entered immediately in a notebook as they come without added coloring or elaboration.
- ¶ Step Number One is to try to bring out of the memory some pictures, facts, or incidents connected with a public square.
- ¶ Let your mind turn inward as though you were looking through the center of your forehead deep into the brain through which these memory impressions will come to your objective consciousness.
- ¶ Ten or fifteen minutes of such concentration is sufficient. However, repeat the process as often as possible, and each time you will find it easier to reach more deeply into your consciousness.



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